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Antocianinas, propiedades funcionales y potenciales aplicaciones terapéuticas



**ANTOCIANINAS, PROPIEDADES
FUNCIONALES Y POTENCIALES
APLICACIONES TERAPÉUTICAS**

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Short Review

Peer-reviewed

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Keywords: *Anthocyanins, Nutraceutical, Phenolic compounds*

Palabras clave: *Antocianinas, Nutraceutico, Compuestos fenólicos*

ABSTRACT

Anthocyanins, functional properties, and potential therapeutic applications. The chronic degenerative diseases with the greatest impact due to their high mortality rates are cancer, diabetes, and cardiac syndromes, mainly. Because the sustained use of drugs of synthetic origin leads in the vast majority of cases to the appearance of secondary or collateral effects such as renal, hepatic or cardiac dysfunction, their application until the end of the cure could be ineffective and in some cases pernicious. Traditional medicine based on drugs of plant origin, has been and continues to be a therapeutic alternative for the cure or treatment of diseases. Among the chemical components of medicinal plants, anthocyanins are a type of flavonoids, well known for their antioxidant properties, ideal for the prevention or treatment of the aforementioned diseases. Experimental methods developed to examine the effectiveness of anthocyanins on chronic degenerative diseases have shown potential results good enough for incorporating these compounds into formulations combined with other drugs, including synthetic ones. The functional properties of anthocyanins can provide added value when they are included in drug (therapeutic) or food (nutraceutical) formulations, thus going beyond their common use as natural colorants.



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**EVALUACIÓN HIDROQUÍMICA
PRELIMINAR DE RESERVORIOS DE
AGUA PARA CONSUMO HUMANO
PRÓXIMO A ACTIVIDADES MINERAS
EN LA MICROCUENCA HAMPATURI
EN LA PAZ, BOLIVIA**

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Full original article

Peer-reviewed

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Keywords: Hampaturi, Drinking water, Water reservoirs, Mining activities, Hydrochemistry

Palabras clave: Hampaturi, Agua de consumo, Reservorios de agua, Actividad minera, Hidroquímica

ABSTRACT

Preliminary hydro chemical evaluation of water reservoirs close to mining activities in the Hampaturi micro-basin in La Paz, Bolivia. The preliminary hydrochemical evaluation of the water reservoirs for human consumption close to mining activities in the Hampaturi micro-basin in La Paz, Bolivia, administered by the Public Social Water and Sanitation Company (EPSAS in Spanish) was carried out. The results of the physicochemical field and laboratory analyses show two kinds of water. Meltwater from elevated Andean glaciers with a neutral to slightly alkaline pH, low electrical conductivity (EC) values and

low total dissolved solids (STD) values with high dissolved oxygen saturation (DO) values, and low concentrations of Na^+ , K^+ , Ca^{2+} , Mg^{2+} , Cl^- , F^- , NO_3^- y SO_4^{2-} , classifying them according to the WHO as demineralized waters. The second class of water from sampling points outside the dam system and corresponding to the Hampaturi River, shows evidence of mining tributaries that provide high concentrations of the aforementioned analytical parameters. Therefore, according to the Regulation on Water Contamination of Law No. 1333, they are classified as unfit for human consumption.



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A COLLATERAL APPROACH ON THE ^{13}C NMR ANALYSIS OF PSEUDOPELLETIERINE, AN ALKALOID FROM POMEGRANATE

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Analytical short review

Peer-reviewed

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Keywords: ^{13}C NMR, Pseudopelletierine, Pomegranate

Palabras clave: RMN ^{13}C , Pseudopelletierina, Granada.

ABSTRACT

We reviewed a subchapter of “Natural Products, Isolation, Structure Elucidation, History” by D. Sicker et al. regarding the study of Pseudopelletierine (9-Methyl-9-azabimicyclo[3.3.1]nonan-3-one). We boarded the NMR data in the subchapter with didactical purposes, doing an analysis of ^{13}C NMR chemical shifts in a spectral/structural approach. We established the structure by doing a ^{13}C NMR “Pure Shift” analysis if the term is worth.