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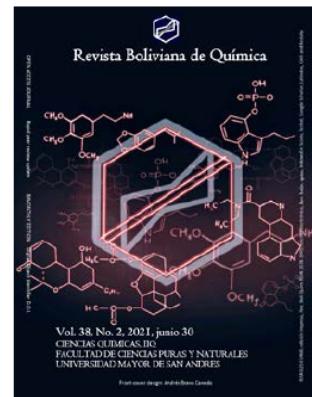
ESSENTIAL CHEMICAL ELEMENTS IN RAINBOW TROUTS, *ONCORHYNCHUS MYKISS*, IN PRODUCTIVE SITES IN TWO PROVINCES OF NORTHWESTERN OF LAKE TITICACA, PERU

ELEMENTOS QUÍMICOS ESENCIALES EN LA TRUCHA ARCO IRIS, *ONCORHYNCHUS MYKISS*, EN SITIOS PRODUCTIVOS EN DOS PROVINCIAS DEL NOROESTE DEL LAGO TITICACA, PERÚ

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Full original article

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Keywords: Atomic Absorption Spectrometry, Essential Chemicals, Axial Muscle, Trout.

Palabras clave: Espectrometría de absorción atómica, Elementos químicos esenciales, músculo axial, trucha.

ABSTRACT

The concentration of essential chemical elements of the axial muscle of rainbow trout (*Oncorhynchus mykiss*) collected in two provinces: Puno and Huancané, located northeast of Lake Titicaca, was evaluated. For the chemical characterization, the Atomic Absorption Spectrometry (ICP-OES) method was used, under protocol 7003 EPA 200.7. The essential chemical elements found in the axial muscle of the trout collected in the province of Puno are: Zn (15.00 ± 0.95 mg / kg); Se (1.26 ± 0.37 mg / kg); Al (2.03 ± 0.23 mg / kg); Ca (513.33 ± 112.40 mg / kg); Na (1733.33 ± 152.75 mg / kg); Mg (496.00 ± 35.12 mg / kg); K (11333.33 ± 1154.70 mg / kg); Mn (0.07 ± 0.02 mg / kg) and P (5066.67 ± 251.66 mg / kg), while the concentration of essential elements in the axial muscle samples of the

trout collected in the province of Huancané they are: Zn (14.30 ± 3.48 mg / kg); Se (1.27 ± 0.34 mg / kg); Al (0.76 ± 0.15 mg / kg); Ca (663.33 ± 170.10 mg / kg); Na (1733.33 ± 513.16 mg / kg); Mg (586.67 ± 15.28 mg / kg); K (11000.00 ± 0.00 mg / kg); Mn (0.16 ± 0.06 mg / kg) and P (5300.00 ± 264.58 mg / kg) these do not exceed the maximum permissible limits, so they constitute an important source of protein, in addition to the two fatty acids Essential omega-3s known as DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid) and vitamins, so that rainbow trout (*Oncorhynchus mykiss*) from the evaluated areas are suitable for human consumption, because they do not exceed the maximum limits permissible levels of the chemical elements analyzed.

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2

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ABSORBING CAPACITY OF STARCHES OF FIVE FOOD BOLIVIAN SPECIES

CAPACIDAD ABSORBENTE DE ALMIDONES DE CINCO ESPECIES BOLIVIANAS ALIMENTARIAS

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Fabiola R. Valdivieso, Patricia A. Mollinedo Portugal*

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Keywords: Potato starch, Quinoa starch, Yucca starch, Wheat starch, Rice starch, Absorption, Starch structural characteristics, Morphology of starch granules, Retrogradation.

Palabras clave: Almidón de papa, Almidón de quinua, Almidón de yuca, Almidón de trigo, Almidón de arroz, Absorción, Características estructurales de almidones, Morfología de gránulos de almidón, Gelatinización, Retrogradación.

ABSTRACT

Starches from five different botanical origins have been analyzed: potato (*Solanum tuberosum*), quinoa (*Chenopodium quinoa*), cassava (*Manihot esculenta*), wheat (*Triticum aestivum*) and rice (*Oryza sativa*) as standard sample. Moisture values, gelatinization characteristics, percentage of amylose and amylopectin, starch granule morphology and retrogradation established; to determine the relationship between them with the absorbent capacity of each starch

In the present paper, the retrograded quinoa starch was determined as the one with the maximum absorbing capacity. This starch presents the smallest starch granule, the highest relation of amylose and amylopectin (higher percentage of amylopectine), and a low degree of gelatinization. In this type of starch, retrogradation favors the absorption due to the breakage of the granules, which results in a greater contact surface, causing water molecules to be retained more easily in the structure as hydrogen bridges are formed. Even so, the rest of the starches have immediate absorbent capacity.

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VEGETABLE FATS IN COSMETICOLOGY

GRASAS VEGETALES EN COSMETOLOGÍA

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Review

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Jean-Christophe Archambault, Frédéric Bonté*

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Keywords: Oil, Ester, Wax, Triglyceride, Cosmetic, Skin.

Palabras clave: Aceite, Éster, Cera, Triglicéridos, Cosméticos, Piel.

ABSTRACT

Skin care and makeup cosmetic formulations are generally complex mixtures and all their components have an impact on their efficacy. Due to their skin human affinity, oils and fat ingredients are essential components. Fats are mainly found in liquid dispersed forms, powders and solid forms of makeup such as emulsions, lotions, serums, lipsticks, eyeshadows or mascaras. If the petrochemistry led to the emergence of new define and neutral compounds, recent changes in consumption show an increased interest in sustainable substances of natural origin. This article focuses on vegetable oils, butters, waxes, fatty alcohols and esters of natural origin. It describes the main currently used vegetable fats in cosmeticology, their chemistry, impact within formulas, properties and their contribution to cosmetic efficacy.



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EUCALYPTOL AND ALPHA-PINENE, NATURAL PRODUCTS WITH ANTIVIRAL ACTIVITY. PERSONAL ANTI COVID-19 PREVENTION METHOD BASED ON ESSENTIAL OILS; NASAL, ORAL AND MANUAL AQUEOUS CLEANING [3XAL]. CORONAVIRUS: ENVIRONMENTAL DISINFECTION BY EUCALYPTUS

EUCALIPTOL Y ALFA PINENO, PRODUCTOS NATURALES CON ACTIVIDAD ANTIVIRAL. MÉTODO DE PREVENCIÓN PERSONAL ANTICOVID-19 BASADO EN ACEITES ESENCIALES; LIMPIEZA ACUOSA, NASAL, ORAL Y MANUAL [3XAL]. CORONAVIRUS: DESINFECCIÓN AMBIENTAL POR EUCALIPTO

Short review

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Keywords: *Coronavirus, COVID-19, Update, Pandemic, Personal antiviral prevention method, Essential oil, Natural product, Eucalyptol, Alpha-pinene, Cleaning, Nasal, Buccal, Manual, [3XAL].*

Palabras clave: *Coronavirus, COVID-19, Actualización, Pandemia, Método personal de prevención antiviral, Aceite esencial, Producto natural, Eucaliptol, Alfa-pineno, Limpieza, Nasal, Bucal, Manual, [3XAL].*

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ABSTRACT

Based on a rigorous updated review of the characteristics of the spread of COVID 19, we present for its disclosure our method of personal prevention of viral infection. This method was already exposed in a previous publication in Revista Boliviana de Química (June 2020) by the first author of this review and is based on the triple alliance abbreviated as 3XAL, or nasal, oral and manual hygiene in contrast to the only manual hygiene proclaimed by the health authorities of Bolivia and worldwide. Apart from 3XAL, the sustained use of the galenic preparation (Vicks-VapoRub® or Mentholatum®, or Mentisan®) based on natural products, essential oils in the prevention of viral development in the respiratory system is equally important and impressive. This topical ointment not only has a broad spectrum of antiviral, antibacterial and anti-inflammatory activity, but it has also shown to have specific activity against COVID 19 coronavirus for two of its four active ingredients, which makes it an effective anti-COVID 19. This publication concludes with the use the essential oil of *Eucalyptus globulus* (the most widespread species of this genus in the world) and other plant species, which contains eucalyptol as a major antiviral principle, in its use as a disinfectant of closed spaces and without ventilation, in a home or work context.

RESUMEN

Basados en una rigurosa revisión bibliográfica actualizada sobre las características de la propagación de COVID 19, presentamos para su divulgación nuestro método empírico de prevención de la infección viral. Este método fue anteriormente expuesto en una publicación previa en Revista Boliviana de Química (junio de 2020) por el autor correspondiente del presente artículo, y está basado en la triple alianza abreviada como 3XAL, o higiene nasal, bucal y manual en contraste con la sola higiene manual proclamada por las autoridades sanitarias de Bolivia y del mundo. Aparte de la 3XAL, es crucialmente importante e impactante el uso sostenido de la preparación galénica (Vicks-VapoRub® or Mentholatum® or Mentisan®) en base a productos naturales, aceites esenciales, en la prevención del desarrollo viral en el sistema respiratorio. Esta pomada de uso tópico no solo presenta un amplio espectro de actividad antiviral, antibacteriano y antiinflamatorio, sino que ha demostrado para dos de sus cuatro principios activos tener actividad específica contra coronavirus COVID 19, lo que lo convierte en un eficaz antiviral para prevención y terapia contra COVID 19. La presente publicación concluye con el uso del aceite esencial de *Eucalyptus globulus* (la especie de este género más difundida en el mundo) y otras especies vegetales, que contiene como principio antiviral mayoritario al eucaliptol, en su uso como desinfectante de espacios cerrados y sin ventilación, en un contexto hogareño o laboral.

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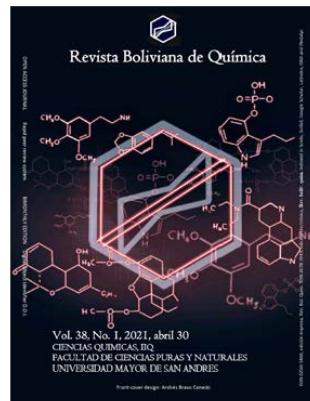
EVALUATION OF THE CATION EXCHANGE CAPACITY, CEC, OF NATURAL ZEOLITE OR OF ZEOLITE EXCHANGED WITH SODIUM FROM IGNIMBRITIC FORMATIONS IN PUNO, PERU, BY MEASURING THE REMOVAL OF AMMONIUM AND HEAVY METALS

EVALUACIÓN DE LA CAPACIDAD DE INTERCAMBIO CATIÓNICO, CIC, DE ZEOLITA NATURAL O DE ZEOLITA INTERCAMBIADA CON SODIO DE FORMACIONES IGNIMBRÍTICAS EN PUNO, PERÚ, POR MEDICIÓN DE LA REMOCIÓN DE AMONIO Y DE METALES PESADOS

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Full original article

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Keywords: *Ignimbritic, Cation exchange capacity, Heulandite, Tertiary volcanism, Zeolite.*

Palabras clave: *Ignimbrito, Capacidad de intercambio, Heulandita, Vulcanismo terciario, Zeolita.*

ABSTRACT

This paper presents the results of an investigation carried out on the ignimbritic formations in the Puno area in SE Peru, associated with the Tertiary volcanism. Mineralogical characterization, conducted by means of diffractometric analysis and scanning electron microscopy revealed the presence of heulandite together with smectite, quartz, mordenite, cristobalite and feldspar. Laboratory analysis carried out on representative samples of the investigated deposit, showed a cation exchange capacity (CEC) of about 50 meq per 100 grams of zeolitic material and a specific surface area, determined using the N₂-BET method, of about 33.56 m²/g.

Cation exchange capacity tests using solutions containing different concentrations of NH₄⁺, Pb²⁺, Cd²⁺, Cu²⁺, Zn²⁺ and Mn²⁺, considered singly, have shown the following selectivity order: Pb^{2+>} Cd^{2+>} Cu^{2+>} Zn^{2+>} Mn^{2+>} NH₄⁺. Furthermore to increase cation exchange capacity, the zeolitic material was pretreated with a 2N NaCl solution. The results obtained demonstrated the efficiency of preconditioning that yields a substantial increase in exchange capacity for all the cations examined.

Samples of water and superficial sediments were collected and the concentration of heavy metals (cadmium, zinc and arsenic) present in the samples was analyzed by means of induction coupled plasma atomic emission spectroscopy.

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